

 **Dr. SETH L. MATARASSO**
CLINICAL PROFESSOR OF DERMATOLOGY

www.sethlmatarasso.com | 415.362.2238



HOW TO CHOOSE THE
BEST INJECTOR
BOTOX

Who is Dr. Matarasso?



Dr. Seth L. Matarasso is a graduate of the University of Pennsylvania and the University at Buffalo School Of Medicine. He received his post graduate medical training at the Mt. Sinai School of Medicine, Baylor College of Medicine and the University of California School Of Medicine in San Francisco where he completed a fellowship in Mohs Micrographic and Cutaneous Surgery. He is a Clinical Professor of Dermatology at the University of California School Of Medicine in San Francisco and recently was the recipient of the Outstanding Teacher of the Year at that institution. He is recognized as an expert in the field of cosmetic dermatology and has published over 75 articles in the peer reviewed literature and has presented 300 lectures nationally and internationally. He currently serves on the editorial boards of the Journal of the American Academy of Dermatology, Archives of Dermatology, Dermatologic Surgery, and Cutis. He is on the Board of the American Society of Dermatologic Surgery and is the President of the California Society of Dermatology and Dermatologic Surgery.

Who is the Best Injector?

Take your time to find who you want to trust with your BOTOX treatment. If you do not know where to start, ask your friends and family for referrals or search for providers in your area using the [Find a Doctor](#) tool on the BOTOX website.

Consider the following criteria when researching potential BOTOX injectors:

- Dermatology board-certification
- Years of experience and training
- Volume of BOTOX treatments at practice
- Lectures and trains on BOTOX



What Should You Ask?

When you meet with potential BOTOX specialist for a consultation, ask the following questions to ensure that you are comfortable with him or her performing the treatment:

1. Do they have medical expertise in facial anatomy? Are they licensed and trained in a field of aesthetic medicine, such as dermatology or cosmetic surgery?
2. How many years of experience do they have injecting BOTOX[®] Cosmetic?
3. How often do they treat patients with BOTOX[®] Cosmetic?
4. Do they schedule a follow-up visit after treatment?
5. Will they show you before-and-after pictures of other patients they have treated?
6. What are the most common side effects they have seen in their clinical experience?
7. What should you do if you experience any side effects?
8. What do they need to know about your medical history? Be prepared to tell your specialist about any medical conditions, including any prescription medications, vitamins, or herbal supplements you are taking.

What is BOTOX for?



BOTOX injections have been used for many years to treat a number of medical conditions, such as eye and neck muscle spasms. Today, BOTOX is commonly used as a minimally invasive, anti-aging treatment to eliminate or reduce the appearance of facial wrinkles such as:

- Crow's feet
- Frown lines
- Worry lines
- Forehead lines
- Glabella
- Fine lines around the mouth
- Eye lines and wrinkles
- Lines on the neck

BOTOX may also be helpful for treating migraine headaches and excessive sweating (*hyperhidrosis*).

What is in BOTOX?



BOTOX is a purified protein made up of *botulinum toxin*. It is a safe, FDA-approved procedure for relaxing muscles, thereby slightly restricting the muscle movement that causes wrinkles and lines. Contrary to the jokes you may hear on television, BOTOX does not make your face look numb or frozen.

BOTOX injections are safe for people in good health who do not have a neuromuscular disorder or who are not pregnant or nursing, and side effects from BOTOX are very rare.


—Cosmetic
onabotulinumtoxinA injection

What Should You Expect?



A mild local anesthetic is used to numb the injection areas. Immediately after your treatment, you may go home or back to work. You can also apply makeup immediately following your injections.

It may take a week or two before you can see the final results of your BOTOX procedure. The effects then last 4-8 months.

You may experience mild tenderness or slight bruising in the injection areas for a short time, but generally, BOTOX injections are a fast, easy, and virtually painless treatment that require no recovery time.

Can I Become a Member?

BOTOX is made by a company called Allergan, which maintains a membership program. When you become a member of the *Brilliant Distinctions® Program*, you receive special offers and exclusive invitations. An additional membership in the *Brilliant Distinctions®* Points Program allows you to earn points on select Allergan® products and services. Become a member by filling out the simple form, or feel free to call our office to inquire about the program.



What Else Should I Know?



This guide is simply an introduction to BOTOX and choosing the best injector. To continue your research on BOTOX and any other cosmetic treatments, visit these helpful, informative websites:

- [The American Society for Aesthetic Plastic Surgery](#)
- [American Society of Plastic Surgeons](#)
- [BOTOX Cosmetic](#)
- [Dr. Seth L. Matarasso](#)