

Pain: Why men can't take it (and women can)

WALKING

THE MAGAZINE OF SMART HEALTH AND FITNESS

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It has a reputation as Hollywood's favorite booster shot (celebs believed to have gone under the syringe include Meg Ryan, Melanie Griffith, Lisa Kudrow, Courteney Cox, Cher, and Madonna), but "there is no typical patient anymore," says Seth Matarasso, a dermatologist and associate clinical dermatology professor at the University of California—San Francisco. He injects everyone from clergy and housewives to CEOs and movie stars.

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