

WIN! \$4,000 SPRING FASHION GIVEAWAY

more

APRIL 2003

DARE TO DREAM BIG!

WOMEN WHO FOLLOWED
THEIR PASSION AND
CHANGED THEIR LIVES

THE SKIN SAVERS AMERICA'S BEST DERMATOLOGISTS

SEX CAMP FOR BOOMERS

YOUR BODY'S CHANGING—
YOUR CHECKUP SHOULD, TOO
6 MUST-DO'S NEXT TIME

SELF-DESTRUCT
SYNDROME
WHEN THE BEST
AND BRIGHTEST GO
OFF THE DEEP END

BRIGHT & BREEZY

EASYGOING SPRING CLOTHES, HEY-LOOK-
HOT COLORS FOR LIPS AND NAILS

IMAN STRIKES GOLD

➤ San Francisco
SETH MATARASSO, M.D.
415-362-2238

Associate clinical professor of dermatology at the University of California, San Francisco, Matarasso uses topical anesthesia and ice to reduce pain, bruising and bleeding. He also wields the needle to treat migraines, muscle spasms and low-back pain.