

MAY 1998

Good Housekeeping

NEW
The 7 Day
Diet Eat Up
And Slim Down

BREAST PAIN
Is It Serious?
How To Tell



MATT LAUER
The Loves
In His Life

CHRISTIE'S
SURPRISE
BABY!

When Your Neck
Shows You

The No-Su

BEST SKIN

Afraid of
Your Job?

9 Moves to

“Poikiloderma is very difficult to treat,” says Seth Matarasso, M.D., clinical associate professor of dermatology at the University of California School of Medicine, San Francisco. “Retin-A and chemical peels could accentuate these discolorations. Multiple treatments with the PhotoDerm [a pulsed-light device used primarily on leg veins] may help, but your best bet is to use sunscreen religiously, and over time the blotches may fade.”

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